



DAYSPRING PROGRAMS, INC.

2018 Annual Report

Thoughts from the Executive Director



Dayspring celebrates twenty-two years of our commitment to children and their families living in Baltimore City. Babies, toddlers and young children who lived in our supportive housing program (that consisted of only nineteen houses at the time) are now grown. Some are working, in college or have started families of their own. We love to hear of the journeys a family has taken, the struggles faced, successes achieved, and most of all, about their children.

Today, families who come to Dayspring face increasingly difficult circumstances that include trauma, drug use, violence at home and in the community, mental health problems, and a lack of support while trying to stabilize their families. More and more resources are needed to assist families. Expenses such as food, transportation, and utility costs can overwhelm a family trying to stabilize their housing, work, and care for their children.

As you read their stories, I hope you will reflect on the barriers that parents have faced to overcome their addiction and build a better future for themselves and their children. Being a parent is a challenging job in any circumstance. Think of trying to be a nurturing parent while at the same time attending recovery meetings, upgrading or learning new skills to prepare for employment, seeking employment, starting a new job, and often living in a community where drug deals are openly held on the nearest corner. We are so proud of the strength of our parents as they struggle to manage multiple issues--and the resilience of our children to learn and grow while healing from the trauma of homelessness and an environment of drugs and violence. We congratulate our families on their successes.

Dayspring is constantly assessing funding and available resources to better assist families in need. Funders and volunteers are very important to our success as Dayspring families continue to be committed to becoming the best parents they can be and provide stable and nurturing homes for their children.

THANK YOU TO FUNDERS, VOLUNTEERS, DONORS AND FRIENDS OF DAYSRING FOR YOUR CONTINUED SUPPORT!

Pamela Talabis, Ph.D.
Pamela Talabis, Ph.D., Executive Director

Our Recovery Stories

LaShay:

Before I came to Dayspring I was in an abusive relationship with two boys and had a best friend, called Paul Masson, who took my pain away. I had so much anger and hatred in my world. I didn't care if I lived or died. Nothing mattered, not even my kids. I was in nursing school when my teacher told me about Dayspring. She had already called and set my intake up. That was my saving grace and my wake-up call. Once I got in Dayspring I hated it. I didn't want to be here and damn sure didn't want to stop drinking. However, once I stopped having a pity party, I started to see changes within myself. More doors began to open and now I'm finally able to say I am happy!

Tonya:

Coming into Dayspring I wasn't sure, and I was under a cloud. I was always crying and upset about coming into the unknown. I was also a little detached from my children. Yelling and fussing and not taking control of my emotions or myself. I didn't have my medicine, which in my mind helped control my mood. Coming to groups and going to my NA meetings as time has gone on have helped me cope with my situation, and to feel like I have control back. Learning coping skills over the short time that I have been here at Dayspring has been truly helpful. I cry less and am getting closer to my children. I really noticed that they are a product of me and they look up to their mother for love and support. I have learned to just be with myself!

Lea:

Before I moved into Dayspring in July 2014, I was struggling with depression, alcohol addiction, and homelessness while trying to be a parent to two boys. I was in a dark place in my life and just wanted to give up. Moving into Dayspring gave me an opportunity to recover not only from alcohol but from the trauma that had happened throughout my life. As of today, I am five years and seven months alcohol and drug free. Thanks Dayspring.

Ravin:

I was a very selfish, angry person inside out. I am the mother of two kids, a girl and a boy, and believe I'm a good mother to my children. I was always the type of person / mother who made sure that my kids came first but still made sure I had my marijuana too. I would start to hate myself, and feel so depressed, but smoke weed to hide the pain and keep a smile on my face. I have a very loving heart but

never showed it to anyone but my kids and barely myself. My family started not to trust me and didn't want to help me, they only really wanted to help the kids. I felt like the worst piece of shit. I just wanted to be alone and have people stop telling me what to do and how to do it. I'm a grown woman and my kids and I are just fine. It's so weird because I never thought that I would love the person I am today. My clean date is March 7, 2017, and I just recently celebrated 18 months clean. I attend BCC three days a week to get my GED, both my 4yr old and 3yr old are much happier and can tell mommy is ok. Today, I can honestly say my sobriety and family mean the world to me.

Christyan:

Life at Dayspring is challenging, but with the right tools you can overcome them and shine through, like my Mom did. In the beginning it was hard to adjust coming from another state, accepting change wasn't easy for me or my mother but over time Dayspring was starting to become awesome. What brought us here wasn't. The thing that brought us all the way to Dayspring was the domestic abuse that my mother endured and a home invasion. Three men robbed our home, beat and hurt my mother, and hurt me. The recovery from that was very difficult but my mother and I got through it together. Ever since we moved to Dayspring I have seen my mother grow as a person and as a parent. She's more patient and knows how to control different situations. She also had a quick temper but through living at Dayspring she's learned how to control herself and her ways as a mother have gotten way better. She is more understanding and more concerned. Mom likes to know what's going on, likes to know all my feelings and why I'm feeling them, which may get annoying but through it all I couldn't ask for a better mother. Not only did she better herself but she helped me become better too. I can be at my best because of the example she is setting. I maintained a 3.0 the entire school year and I was able to get a job this summer that taught me work ethics and responsibility. So not only did she grow but we grew together!

Melinda:

This September 14, 2018, I was able to celebrate 3 years clean and sober. There was a time in my life where the thought of three days was beyond my reach. I started using right out of high school and it seemed as time passed more of my dreams and hopes were so far in the distance. I didn't care who I hurt or what I had to do as long as I got more. The worst point in my life was once I started dragging my daughter through this hell with me. We lived from family member to family member's house. It didn't take very long for that to get old and we ran out of places to go. But being evicted and not knowing where we were going to lay our heads didn't matter to me. For over a year we went from shelter to shelter, couches to floors, a tent, a car and still it wasn't enough. When I just couldn't figure out any more options, I decided I would go into treatment with my daughter. I went into a six-month inpatient treatment program for women with children. And I left there seven months later with one month clean. I lost the chance to have my own

apartment, so I had to go to a yearlong transitional program. My first two months there were the same old thing. No one and nothing else mattered. I just wanted to continue my path to self-destruction. One day I was walking and found a bag of drugs and held onto it all day long. Finally, I grew weak and did them. The first thought that went through my head was “What are you thinking? You’re are going to get kicked out of this house and be back on the streets with your child.” At that moment my mind and heart both knew that I didn’t want to continue living the way I had been. I began taking control of my life and it hasn’t been easy. I have had to do a lot of things that I didn’t want to do. I have accomplished so many things that I couldn’t imagine doing and got my own apartment in the Dayspring Program. The Dayspring Program has slowly taught me how to be a responsible adult by giving me structure, holding me accountable, providing support staff for mental health, substance abuse, childcare and healthcare needs. When I opened a bank account and started budgeting I said, “I never thought I could”. Today, I take care of my mental and physical health. I can provide for my daughter’s and my own needs and some of our wants. I have a full-time job and shortly will be moving into my own three-bedroom home. I never in a million years thought I would make it this far in life. Now I am setting more goals. I have been shown that if you want something, you can make it a reality if you continue to move forward, work hard and live a healthy life. My favorite thing to tell people in active addiction or early recovery is that it is possible, all you must do have is have a desire and know in your heart that you are ready for a new way of life.

Cheraine:

My story of recovery began on December 26, 2015, the day I walked into Dayspring Square. But please allow me to start at the beginning. I was born the oldest of five children to a single mother. Growing up, I was your typical teenager, helping my mother raise my sisters and brother, and going to school. I also wanted to be like the other teenagers my age an occasionally smoked weed. After graduating high school, I attended Woodland Job Corps Center. I never knew what abuse was until I had my first child at the age of 21. During my years with my kids’ father I was physically abused daily, suffering bruises, black eyes and broken collar bones. Fast forward just a little during the time of the abuse I began to smoke a little more and love a lot less. In 2009, I was a mother for the fourth time. But this time was different, not only was I a single mom but my daughter was born disabled with heart and liver disease. Wow! I felt alone and lonely going to doctors’ appointments, surgeries, etc. I smoked more to get through the things I needed to do. In 2010, I met who I knew was going to be my future husband. In October 2012, my life began to change for the worse, my daughter had to be placed in medical foster care and the love of my life was now sick and dying, and I was also homeless. I just didn’t know what to do so weed became my very best friend. On November 29, 2012, my husband died and on December 2, 2012, I found out I was once again pregnant. After being homeless for the next three years I had decided enough was enough and went



into a homeless shelter. In December 2015, I took the right step to getting my life together, I walked into Dayspring Square. When I came into Dayspring I was still in the mind frame of I just couldn't do this and cried every day for three months straight. On this journey I have met some incredible women who just would not let me give up. During my time at Dayspring I learned how to hold my head high, live for today, never give up and most importantly, that I don't need drugs to be the phenomenal person I have grown to be. I would like to thank all the staff at Dayspring for helping me to get my life back on track. Today, I stand before you three years clean and sober, a single mother of five living the life I was meant to live!

Wanda:

My name is Wanda, I am 45 years old and come from the West Baltimore area. I have five kids, Tyree, Tywan, Joshua, Erin and Avery. I remember almost 11 years ago when a friend of mine saw me at the Chance Building and started telling me about the FRP Program. I was so excited because I had just left the Chrysalis House in Crownsville and still needed help to keep my recovery going. That's when FRP helped me get into Dayspring. Dayspring was a life changing place. When I first got there, I was so excited because I never had my own place. I had to start learning how to become a better person and mom. My daughter moved in a week after and that's when our journey began; where I learned how to be a good mom and stay sober. I stayed and did everything Dayspring told me to do, it showed me how to become a better person and the parenting classes showed me how to strengthen my family. After being there 14 months, I moved out into the community, where I have been for nine years now. I worked at John Hopkins doing volunteer work for almost a year but left after having my last child. I was a stay at home mom until I got a job at Dayspring. I love working here at Dayspring because I get to watch the young ladies grow and become successful. I remember when I was in Dayspring I always wanted to go to Disney World and take my kids. A year after leaving Dayspring my sisters paid for my kids and I to go stay at Disney World for a whole week! Just seeing how happy my kids where was one of the best feelings ever. I thank Dayspring so much for everything they instilled in me. My daughter was here with me the whole time and is now a ten-year old honor student who loves school and is doing awesome! I had another daughter while being in Shelter + Care and she is four years old now and attends Dayspring's Head Start Program. My 12-year-old son also is living with me now along with my Mom. God blessed me to give back to my Mom when she became ill over the summer and needed someone to care for her. I have been working for Dayspring almost a year now and I love it because I can give back to the Program. Dayspring is a very beautiful program and if you want a change in life this is the place to be and grow. Thanks to Dayspring I have ten years clean and sober!



Volunteers Are An Important Asset To Dayspring

The Head Start and Housing programs utilize numerous volunteers to enrich services to families. This past year over 450 volunteers participated in a variety of activities:



- Sixteen nursing students from JHH School of Nursing worked with 8 families in transitional/ long-term residential program.
- Three interns from Universities worked with transitional families
- Over 40 volunteers worked in the Dayspring Garden and facilitated activities with the children in Safari Club
- One volunteer tutor helped children in transitional housing with homework
- Nine volunteers served on the board of directors
- One nurse from Dayspring's partnership with the SOURCE program at Hopkins facilitated a teen program in our transitional housing treatment program.
- Over 50 volunteers from various agencies and churches provided holiday gifts and activities during the holiday season
- About 300 Head Start parents participated in various activities with their children
- Head Start has ten foster grandparents working in classrooms with the children
- Four volunteers provided arts and crafts activities with transitional housing children

Dayspring Volunteers



Dayspring Garden Volunteers



Kathleen Flahive, master gardener volunteer, accepts an award from the Baltimore City Master Gardeners of the University of Maryland Extension. The award was for First Place Vegetable Garden. Over 40 volunteers helped to make this award possible for the Dayspring Garden. Their hard work and dedication for the last four years has made this a successful endeavor!



Head Start

CLASS Observation Scores

Dayspring Head Start works every day to provide our youngest children with the skills they need to thrive – in school and in life. The Classroom Assessment Scoring System (CLASS) assesses the quality of classroom interactional processes. This differs from other measurement tools that focus on the content of the physical environment, available materials, or a specific curriculum. For CLASS, the physical environment (including materials) and curriculum matter in the context of how teachers put them to use in their interactions with children.

Why is it important to assess the quality of teacher-child interactions?

The CLASS[®] dimensions are based on developmental theory and research suggesting that interactions between children and adults are the primary way of supporting children's development and learning, and that effective, engaging interactions and environments form the foundation for all learning in early childhood classrooms.

The CLASS is organized to assess three broad **domains** of interactions among teachers and children: Emotional Support, Classroom Organization, and Instructional Support. Each domain includes several **dimensions**. Collectively, these eleven dimensions assess the extent to which teachers are effectively supporting children's development, both social and academic.



How is CLASS[®] scored and what do those scores mean?

CLASS is scored by trained and certified observers using a specific protocol. Following their observations of teacher-child interactions, CLASS[®] observers rate each dimension on a 7 point scale, from low to high. Scores of 1-2 mean the quality of teacher-child interactions is low. Classrooms in which there is poor management of behavior, teaching that is purely rote, or that lack interaction between teachers and children would receive low scores.

Scores of 3-5, the mid-range, are given when classrooms show a mix of effective interactions with periods when interactions are not effective or are absent.

Scores of 6-7 mean that effective teacher-child interactions are consistently observed throughout the observation period. During the CLASS[®] observation reviewers independently review and score each classroom using a computer-based scoring system in the Office of Head Start Monitoring Software.



Dayspring Head Start: National Averages:

ES – 6.37%

ES – 6.07%

CO – 5.84%

CO – 5.83%

IS – 3.10%

IS – 3.0%

Dayspring Housing Programs

Transitional Housing

Success is measured by the percentage of families who meet program goals, the number of individuals who regularly attend appropriate workshops and groups, results of pre-post-tests from some curricula, the number of adults receiving referrals and connecting with mainstream resources. Outcomes expected are: homeless families are drug free and ready to move and maintain permanent housing, parents maintain sobriety, mental health patients are compliant with medication, families improve their economic situation, parents increase their nurturing behavior when interacting with their children and families in which parent/child attachment is improved and children overcome trauma and improve attendance and achievement in school.

Utilization statistics will be collected on all group and individual treatment sessions and on all Dayspring support service activities, including number and demographics of participants, participation in various service program opportunities. Client records will document number of clients served and hours of service provided by treatment staff.

Outcomes for 2018:

1. 80% of families were ready to move to permanent rental assisted housing in 18 months.
2. 75% of clients remained drug free as documented by random urine drug screen.
3. 90% of clients participated in workshops specific to the prevention of opioid addiction.
4. 50% of mental health clients maintained medical compliance as documented by the mental health therapist.
5. 100% of clients accessed support services as documented by the case manager.

Other accomplishments include seven clients working and two enrolled in a GED Program.

Permanent Supportive Housing

Dayspring's Permanent Supportive Housing Program provides rental assisted housing and supportive services for up to 64 families. Every family has a case manager who makes regular home visits, helps clients to develop family plans, and provides resources according to family needs. The Housing First model is utilized. Dayspring served 63 families in 2018.

Outcomes for 2018

1. All 63 families retained their housing during the year.
2. Twenty-seven clients are working.
3. Three are attending college.
4. Three clients are participating in work activities with DSS.
5. Fifteen clients cannot work due to physical and/or mental health issues.

DAYSPRING PROGRAMS FINANCIALS

Statement of Financial position Summarized at June 30

Assets	<u>FY 2018</u>	<u>FY 2017</u>
Current Assets	1,500,826	1,776,188
Patterson Park Project Receivable		
Net Property and Equipment	9,050,554	9,178,720
Total Assets	10,551,380	10,954,908
LIABILITIES AND NET ASSETS		
Current Liabilities	898,390	1,049,012
Patterson Park Project Payable		
Loans Payable	3,250,000	2,895,361
Total Liabilities	4,148,390	3,944,373
Noncontrolling Ownership Interest in Subsidiaries	3,893,855	3,904,632
Net Assets – Unrestricted	1,963,022	2,561,334
Net Assets – Restricted	546,113	544,569
Total Net Assets	6,402,990	7,010,535
Total Liabilities and Net Assets	10,551,380	10,954,908

Statement Of Activities And Changes In Net Assets Summarized

	<u>FY 2018</u>	<u>FY 2017</u>
CHANGES IN UNRESTRICTED NET ASSETS		
Total Unrestricted Public Support and Revenue	7,860,219	8,061,781
Expenses		
Program Services	7,735,845	7,826,160
Management and General	383,463	402,506
Total Unrestricted Expenses	8,119,308	8,228,666
Loss Allocated to Noncontrolling Ownership Interest in Subsidiaries	10,777	16,397
Increase (Decrease) Change in Unrestricted Net Assets	(248,312)	(150,488)
CHANGES IN TEMPORARILY RESTRICTED NET ASSETS		
Contributions – Foundations and Individuals	—	13,530
Interest Income	6,818	6,731
Net Assets Released from Restrictions	(5,274)	(3,589)
Increase (Decrease) in Temporarily Restricted Net Assets	1,544	16,672
CHANGE IN NET ASSETS BEFORE NONCONTROLLING INTEREST	(246,768)	(133,816)
NONCONTROLLING OWNERSHIP INTEREST IN SUBSIDIARIES		
Equity Contributions During the Year	—	—
Loss Allocated to Noncontrolling Ownership Interest in Subsidiaries	(10,777)	(16,397)
Change in Noncontrolling Ownership Interest	(10,777)	(16,397)
INCREASE (DECREASE) IN NET ASSETS	(257,545)	(150,213)
Net Assets at Beginning of Year	6,660,535	6,810,748
Net Assets at End of Year	6,402,990	6,660,535

Dayspring Programs, Inc. is a 501 (c)(3) not-for-profit charitable organization, contributions to which are tax-deductible in accordance with the law. A copy of the most recent audited financial statement may be obtained by contacting Dayspring Programs, Inc., 1125 N. Patterson Park Avenue, Baltimore, Maryland 21213, 410-563-3459. Documents and information submitted under Title BR, Section 6-601 may be obtained from the Office of the Secretary of State, State House, Annapolis, Maryland 21401, 410-974-5521, for the cost of copying and postage. Dayspring Programs, Inc. is registered in the State of Maryland as a charitable organization. This registration in no way serves as an endorsement of Dayspring Programs, Inc. by the State.

FUNDING AND DONORS

We thank our donors for their generosity and commitment to the work of Dayspring. These gifts make a huge difference in the lives of our families—they not only provide needed resources but also demonstrate that families are supported by the community as they struggle to regain stability and build a new and better life for their children. *July 1, 2017 – June 30, 2018* **Thank You!**

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Mayor’s Office of Human Services,
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MISSION STATEMENT

“To improve the lives of children and families affected by substance abuse, homelessness and poverty.”

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